

CONCUSSION: RETURN TO PLAY CLEARANCE

Student Name: _____

Date of Birth: _____

CA STATE LAW AB 2127 STATES THAT RETURN TO PLAY (I.E. COMPETITION) CANNOT BE SOONER THAN 7 DAYS AFTER EVALUATION BY A LICENSED HEALTHCARE PROVIDER WHO MADE THE DIAGNOSIS OF CONCUSSION, AND ONLY AFTER COMPLETING A GRADUATED RETURN TO PLAY PROTOCOL.

Instructions to student and parent:

- A graduated return to play protocol is required for all concussed students. Students cannot participate in physical activity more rapidly than the gradual return to play progression. For athletes, progression to return to play **must** be prescribed by a licensed healthcare provider who made the diagnosis and completed before the student athlete can return to competition.

Instructions to school:

- Each step, after successfully passed, should be signed by a licensed health care provider or designated school staff member. Parent may report progress to school on progressive steps on non-school days.
 - For athletes a designated school staff member is: a school nurse, certified athletic trainer (ATC), or identified concussion monitor (e.g., coach, athletic director) who has been trained to observe for symptoms.
 - For non-athlete students, designated school staff member is a: school nurse, or a principal, physical education teacher, or other designee of the principal who has been trained to observe for symptoms of concussion.

Instructions to prescribing physician or licensed healthcare provider:

Sign clearance for student to begin provided Return to Play Protocol; Or send school an alternate protocol (as long as student does not return to play/competition faster than 7 days) California Law states that full competition for athletes cannot be sooner than 7 days and that progression must be supervised by a licensed healthcare provider.

Student can start Stage I and II of the Gradual Return to Play Protocol, for the above named student (or have attached an alternate protocol). This student must seek medical attention if cannot pass any one stage after 3 attempts, due to concussion symptoms.

Licensed Healthcare Provider Signature

Printed Name

Date

Student can begin Stage III and IV of the Gradual Return to Play Protocol, for the above named student (or have attached an alternate protocol). The student is cleared to return to practice and competition following the Gradual Return to Play Protocol completion.

Licensed Healthcare Provider Signature

Printed Name

Date

License Number:

Contact Phone Number: